

IES Hockey Club

New Members Information

August 2021 - Including Covid-19 and Safe Hockey procedures

1 IES Club Membership

Please register as a member on the club's database, run by LoveAdmin, by clicking on the box below:

[NEW MEMBER REGISTRATION FORM](#)

There are a number of different membership options

- Senior Member (for adult hockey)
- Student Member (for players over 16 and in full time education, playing adult hockey)
- c) Junior Member (for U16 players - anyone in Year 11 or below at school, playing junior hockey on Sundays)

Please pick the correct one and complete the form, so that we have all your contact and emergency information on our system.

Once we receive your membership form online, we can process your application to join.

2 Annual Membership Fee

Once you have completed your trial session and been approved as a member, we will ask you to pay your annual membership subscription:

- Senior member: £120
- Student member: £60
- Junior member: £60. Sibling discounts are available to junior siblings - £40 for the second sibling and £20 for the third sibling.

There are some additional membership options for adults who want to be part of IES Hockey Club, but who are not regular Saturday match players.

Full details are on the club website or are available from the Club Secretary - secretary@ieshc.org

MATCH SHIRT FEE

We have new match shirts which Senior and Student members will need to buy at the subsidised cost of £20. This can be paid when paying the membership fee.

3 Weekly fees

SENIOR MATCH FEES

- £10 for senior members
- £5 for student/junior members

playing adult matches

JUNIOR TRAINING FEES

These are paid on a 'play and pay' basis of £2.50 per child per Sunday training session. The same amount is paid as match fees for any competitive games/tournaments.

4 Weekly Training

Please make sure you sign in with the people in hi-viz jackets at the start of every training session.

SENIOR TRAINING

For Senior/Student members and Junior members aged 13 or over

- Men's Training:
Tuesday evenings - 7.30-9.30pm
- Ladies' Training:
Wednesday evenings - 7-9pm

Both sessions on the far blue pitch (pitch 3)

JUNIOR TRAINING

On Sunday mornings:

- U8/U10/U12/U14 - 9am-10.30am
- U16 - 10.30am-12noon

5 Trial session and team selection

Please complete steps 1 and 2 before attending a trial session as part of our Covid-19 risk assessment.

We have 5 men's teams and 4 ladies' teams so whatever level/age you are there's a team for you. There is no formal team selection process but if you attend training you will play matches and move up or down the teams as appropriate.

The Junior section teams and training are based on age/school years:
U8: Year 3 and below; U10: Years 4 & 5; U12: Years 6 & 7; U14: Years 8 & 9; U16: Years 10 & 11

6 COVID-19

Although there are currently no Covid-19 restrictions in place, please don't come to training sessions or matches if you have any Covid-19 symptoms:

- a high temperature – this means



Ipswich East Suffolk Hockey Club


Based at Ipswich School Sports Centre, Rushmere St Andrew, Ipswich IP5 1DE

For more information please contact:


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 www.ieshc.org

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you feel hot to touch on your chest or back

- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste

Ipswich School Sports Centre has requested that people continue to wear facecoverings while moving around the centre, and ordering from the cafe/bar when it is open.

7 England Hockey Safe Hockey Guidance

You can read more about this guidance here:

[SAFE HOCKEY GUIDANCE](#)

Please make sure you sign in at the start of every training session or match, and follow the safety rules.