

24 September 2022	Bury St Edmunds 1 Cambridge Nomads 1 Cambridge University 2 Pelicans 1 Dereham 1 Ipswich & East Suffolk 1	v Wisbech Town 1 v St Ives 1 v University of East Anglia Men 1 v Norwich City 2 v Cambridge City 3 v Cambridge South 1
01 October 2022	Wisbech Town 1 St Ives 1 University of East Anglia Men 1 Norwich City 2 Cambridge City 3 Cambridge South 1	v Ipswich & East Suffolk 1 v Bury St Edmunds 1 v Cambridge Nomads 1 v Cambridge University 2 v Pelicans 1 v Dereham 1
08 October 2022	Bury St Edmunds 1 Cambridge Nomads 1 Cambridge University 2 Pelicans 1 Dereham 1 Wisbech Town 1	v University of East Anglia Men 1 v Norwich City 2 v Cambridge City 3 v Cambridge South 1 v Ipswich & East Suffolk 1 v St Ives 1
15 October 2022	Dereham 1 Ipswich & East Suffolk 1 University of East Anglia Men 1 Norwich City 2 Cambridge City 3 Cambridge South 1	v Wisbech Town 1 v Pelicans 1 v St Ives 1 v Bury St Edmunds 1 v Cambridge Nomads 1 v Cambridge University 2
29 October 2022	Bury St Edmunds 1 Cambridge Nomads 1 Cambridge University 2 Pelicans 1 Wisbech Town 1 St Ives 1	v Cambridge City 3 v Cambridge South 1 v Ipswich & East Suffolk 1 v Dereham 1 v University of East Anglia Men 1 v Norwich City 2
05 November 2022	Pelicans 1 Dereham 1 Ipswich & East Suffolk 1 Norwich City 2 Cambridge City 3 Cambridge South 1	v Wisbech Town 1 v Cambridge University 2 v Cambridge Nomads 1 v University of East Anglia Men 1 v St Ives 1 v Bury St Edmunds 1
12 November 2022	Bury St Edmunds 1 Cambridge Nomads 1 Cambridge University 2 Wisbech Town 1 St Ives 1	v Ipswich & East Suffolk 1 v Dereham 1 v Pelicans 1 v Norwich City 2 v Cambridge South 1

	University of East Anglia Men 1	v Cambridge City 3
19 November 2022	Cambridge University 2 Pelicans 1 Dereham 1 Ipswich & East Suffolk 1 Cambridge City 3 Cambridge South 1	v Wisbech Town 1 v Cambridge Nomads 1 v Bury St Edmunds 1 v St Ives 1 v Norwich City 2 v University of East Anglia Men 1
26 November 2022	Bury St Edmunds 1 Cambridge Nomads 1 Wisbech Town 1 St Ives 1 University of East Anglia Men 1 Norwich City 2	v Pelicans 1 v Cambridge University 2 v Cambridge City 3 v Dereham 1 v Ipswich & East Suffolk 1 v Cambridge South 1
03 December 2022	Cambridge Nomads 1 Cambridge University 2 Pelicans 1 Dereham 1 Ipswich & East Suffolk 1 Cambridge South 1	v Wisbech Town 1 v Bury St Edmunds 1 v St Ives 1 v University of East Anglia Men 1 v Norwich City 2 v Cambridge City 3
10 December 2022	Bury St Edmunds 1 Wisbech Town 1 St Ives 1 University of East Anglia Men 1 Norwich City 2 Cambridge City 3	v Cambridge Nomads 1 v Cambridge South 1 v Cambridge University 2 v Pelicans 1 v Dereham 1 v Ipswich & East Suffolk 1
14 January 2023	Wisbech Town 1 St Ives 1 University of East Anglia Men 1 Norwich City 2 Cambridge City 3 Cambridge South 1	v Bury St Edmunds 1 v Cambridge Nomads 1 v Cambridge University 2 v Pelicans 1 v Dereham 1 v Ipswich & East Suffolk 1
21 January 2023	Ipswich & East Suffolk 1 Bury St Edmunds 1 Cambridge Nomads 1 Cambridge University 2 Pelicans 1 Dereham 1	v Wisbech Town 1 v St Ives 1 v University of East Anglia Men 1 v Norwich City 2 v Cambridge City 3 v Cambridge South 1
28 January 2023	University of East Anglia Men 1 Norwich City 2 Cambridge City 3 Cambridge South 1	v Bury St Edmunds 1 v Cambridge Nomads 1 v Cambridge University 2 v Pelicans 1

	Ipswich & East Suffolk 1 St Ives 1	v Dereham 1 v Wisbech Town 1
04 February 2023	Wisbech Town 1 Pelicans 1 St Ives 1 Bury St Edmunds 1 Cambridge Nomads 1 Cambridge University 2	v Dereham 1 v Ipswich & East Suffolk 1 v University of East Anglia Men 1 v Norwich City 2 v Cambridge City 3 v Cambridge South 1
11 February 2023	Cambridge City 3 Cambridge South 1 Ipswich & East Suffolk 1 Dereham 1 University of East Anglia Men 1 Norwich City 2	v Bury St Edmunds 1 v Cambridge Nomads 1 v Cambridge University 2 v Pelicans 1 v Wisbech Town 1 v St Ives 1
25 February 2023	Wisbech Town 1 Cambridge University 2 Cambridge Nomads 1 University of East Anglia Men 1 St Ives 1 Bury St Edmunds 1	v Pelicans 1 v Dereham 1 v Ipswich & East Suffolk 1 v Norwich City 2 v Cambridge City 3 v Cambridge South 1
04 March 2023	Ipswich & East Suffolk 1 Dereham 1 Pelicans 1 Norwich City 2 Cambridge South 1 Cambridge City 3	v Bury St Edmunds 1 v Cambridge Nomads 1 v Cambridge University 2 v Wisbech Town 1 v St Ives 1 v University of East Anglia Men 1
11 March 2023	Wisbech Town 1 Cambridge Nomads 1 Bury St Edmunds 1 St Ives 1 Norwich City 2 University of East Anglia Men 1	v Cambridge University 2 v Pelicans 1 v Dereham 1 v Ipswich & East Suffolk 1 v Cambridge City 3 v Cambridge South 1
18 March 2023	Pelicans 1 Cambridge University 2 Cambridge City 3 Dereham 1 Ipswich & East Suffolk 1 Cambridge South 1	v Bury St Edmunds 1 v Cambridge Nomads 1 v Wisbech Town 1 v St Ives 1 v University of East Anglia Men 1 v Norwich City 2
25 March 2023	Wisbech Town 1 Bury St Edmunds 1 St Ives 1	v Cambridge Nomads 1 v Cambridge University 2 v Pelicans 1

	University of East Anglia Men 1	v Dereham 1
	Norwich City 2	v Ipswich & East Suffolk 1
	Cambridge City 3	v Cambridge South 1
01 April 2023	Cambridge Nomads 1	v Bury St Edmunds 1
	Cambridge South 1	v Wisbech Town 1
	Cambridge University 2	v St Ives 1
	Pelicans 1	v University of East Anglia Men 1
	Dereham 1	v Norwich City 2
	Ipswich & East Suffolk 1	v Cambridge City 3